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For Health . . . eat some food from each group . . . every day!

Stock#: 90296
Map Maker: United States GPO
Date: 1943
Place: Washington
Color: Color
Condition: VG+
Size: 22 x 28 inches
Price: \$ 475.00



Description:

Eating Healthy -- In 1940s America

Striking educational image published by the U.S. Department of Agriculture, during World War II, promoting the 7 basic food groups.

While the basic food groups look relatively normal, the secondary notes are often a bit more illuminating, suggesting "fortified margarine," frozen or canned vegetables, evaporated and dried milk, and "enriched or restored" bread, flour and cereals. Many of these buzzwords likely sounded innovative and technologically sound in the 1940s, but 80 years later have significantly more negative implications.

Detailed Condition: